

**Testimony before the Appropriations Committee**  
**March 11, 2010**  
**Katherine Patterson**

For the record, my name is Katherine Patterson. I am a Torrington resident. I may have PTSD and depression but I am a real person. During my transition into the world, I was placed at respite transitional housing where I stayed for about 9 months. During my stay I was helped by not only respite but Prime Time House. Prime Time helped me stay on my feet helping me set goals and getting me to obtain the things I needed such as food, shelter, and security. I set goals to process getting my own apartment. DHMAS helped pay my rent and respite is now helping to pay for my apartment. Please protect these important mental health services.

Thank you.